



Anderson Township Senior Center
7970 Beechmont Ave.
Anderson Township, OH 45255
AndersonTownshipOH.gov/senior-center

Check out event and program information on Facebook @FriendsofAndersonTownshipSeniorCenter

The Anderson Township Senior Center will be closed July 3 and 4.

Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 a.m.	Silver Sneakers Cardio Oil Painting	Silver Sneakers - Strength and Balance	Woodcarvers Walking Club***	Silver Sneakers Yoga Watercolors	Silver Sneakers Cardio
10 a.m.	Beginner Bridge		Blood Pressure Check Euchre	Bridge	
10:30 a.m.		Mahjong Mahjong Pickleball**			Tai Chi*(Not on last Fri. of each month)
11 a.m.		Teck Table Better Balance Safer You*		Better Balance Safer You*	
11:30 a.m.	Lunch	Lunch	Lunch	Lunch	Lunch
12 p.m.		Quilting			
12:15 p.m.	Line Dancing*				
12:30 p.m.				Creative Circle	

All classes are at ATSC unless noted.

* An Extra Fee is Charged

**At Forestville Baptist Church 10:30 - 1:30 :30 No Pickleball June 27-July 11 Will resume July 18

***Meets at Beech Acres Park



We Love the Cincinnati Reds!



Members of the Anderson Township Senior Center have many different skills and interests, but there is one thing most members have in common - they are fans of the Cincinnati Reds!

Last January, the Senior Center hosted a full house to hear member favorite Marty Brennaman share his predictions for the upcoming baseball season. We traveled to Great American Ballpark on a beautiful May afternoon to watch the Reds handedly defeat the New York Mets. Now we are anxiously waiting for Reds legend George Foster to visit the Senior Center on Monday, July 24th to share memories and stories of The Big Red Machine.

All members are welcome to attend this program and to have their picture taken with this two-time World Series Champion and member of the Cincinnati Reds Hall of Fame.

Intergenerational Programs Draw Interest

In addition to the June 14th Dream to Reality Farm baby goat visit, members will have two other opportunities to bring their grandchildren or great-grandchildren to the Senior Center.

On July 26th, Cincinnati Observatory Astronomer Dean Regas will share stories about space for the members and their young guests. He will have his autographed books for sale, including 1,000 Facts About Space and How to Teach Grown-Ups About Pluto.

Join us to hear the Nagel Middle School Orchestra on August 10th. The musicians will perform popular songs from the 1950's and 60's, dressed in sock hop attire. Members and guests are invited to dress up as well, and to bring a new pair of children's socks to donate to Operation Christmas Child.



We've recently added our 710th member. We thank you for joining the Anderson Township Senior Center. You are what makes us so special!

"Aging seems to be the only available way to live a long life."

— Kitty O'Neill Collins

MISSION STATEMENT • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: "To provide services which protect and enhance the quality of life in our community."
AndersonTownshipOH.gov/senior-center

HOURS

Monday-Friday
9 a.m.-2 p.m.

PHONE

513.474.3100

CLAIRE O'CONNELL

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JULY

Country Music by Drake

Wednesdays, July 5 and 19 • Time: 11:30 A.M.

Folk Music and Jam Session with Dave Sanders

Friday, July 7 • Time: 10:30 A.M.

After lunch, bring an instrument or stay to listen to improvised music. All levels welcome.

AARP Smart Car Class

Monday, July 10 • Time: 10:30 A.M. to Noon

Learn how to use the safety technology in your car, including blind spot warnings, automatic braking and more. No charge.

Memory Cafe

Tuesday, July 11 • Time: 10:30 A.M.

A comfortable gathering that allows people with dementia and their caregivers to socialize and engage in fun activities.

Tour and Lunch - Provision Living at West Clermont

Tuesday, July 11 • Time: 11:30 A.M.

Meet at this senior living community at 4299 Bach-Buxton Road.

Trippin’ with Dorothy Travel: The Biltmore

Wednesday, July 12 • Time: 10:30 A.M.

Learn about an upcoming opportunity to see this historical estate beautifully decorated for Christmas.

Movie Matinee

Wednesday, July 12 • Time: 11:45 A.M.

A Man Called Otto starring Tom Hanks. Make lunch reservations by July 6.

Greeting Card Class

Thursday, July 13 • Time: 10 A.M.

Make beautiful cards in this popular class. **Cost: \$2.**

Cheese 101 with Murray’s Cheeses

Thursday, July 13 • Time: Noon to 1 P.M.

Learn the basics of tasting cheese, sample a variety of cheese and accompaniments, and take samples home. **Cost: \$20.**

July Birthday Party–“Jazz in July”

Friday, July 14 • Time: 10:30 A.M.

Featuring the Brazilian Jazz Group, a delicious lunch, and a few surprises. Make lunch reservations by July 6.

Historian Diane Shields: John Glenn

Monday, July 17 • Time: 10:30 A.M.

The first American to orbit the earth and an Ohio Senator. Make lunch reservations by Wednesday, July 12.

Music by Pete Papania

Monday, July 17 • Time: 11:30 A.M.

Brain Health Series: The Arthritis Foundation

Tuesday, July 18 • Time: 10:30 A.M.

Learn about this common condition, treatment options, positive coping strategies and the services this organization can provide.

All About Honey

Wednesday, July 19 • Time: 10:30 A.M.

Member Jack Vehr will share his experiences with beekeeping and making honey. His delicious honey will be for sale.

Folk Music by Seldom the Same

Thursday, July 20 • Time: 10:30 A.M.

Lunch Outing – Butterbee’s American Grill

Thursday, July 20 • Time: 11:30 A.M.

Meet at this local favorite at 4022 Mt. Carmel-Tobasco Road.

Piano Music by Annie

Fridays, July 21 and 28 • Time: 11 A.M.

Reds Legend Visit - George Foster

Monday, July 24 • Time: 10:30 A.M.

Hear stories of the Big Red Machine! Wear your Reds gear to welcome this Cincinnati legend. Photos welcome, but no autographs.

Book Blitzers Book Club

Monday, July 24 • Time: 12:30 P.M.

Discuss the classic *The Catcher in the Rye* by J.D. Salinger. Books will be available at the front desk in late June.

Christmas in July Celebration

Tuesday, July 25 • Time: 10:30 A.M.

Shop for gifts made by our members and enjoy a beach-themed lunch with a few surprises. Wear your Hawaiian shirt and sunglasses! Sign up for lunch by July 17.

Dean Regas - Space for All Ages

Wednesday, July 26 • Time: 10:30 A.M.

Bring your grandchildren to hear a fascinating presentation on space. A member favorite, Dean is the astronomer at the Cincinnati Observatory and an author of two space books for children. Craft activity included.

Guitar Music by Dave Ridenhour

Wednesday, July 26 • Time: 11:30 A.M.

Guests for the Dean Regas presentation can bring lunch to stay and hear this performance, including songs about space.

Movie Matinee

Thursday, July 27 • Time: 11:45 A.M.

You’ll laugh at the residents of Pine Grove Retirement Village in the comedy *Queen Bees*, starring Ellen Burstyn and Ann-Margaret.

Author’s Corner - Julia Rogers Pomilia

Monday, July 31 • Time: Noon

The granddaughter of Roy Rogers and Dale Evans will share family stories and read excerpts from her book, *Your Heroes, My Grandparents*. Copies will be for sale.

AUGUST

Memory Cafe

Tuesday, Aug. 1 • Time: 10:30 A.M.

Flute Music by Mark Huffman

Tuesday, Aug. 1 • Time: 11:30 A.M.

A new day and time for this member favorite.

Coffee With a Cop

Wednesday, Aug. 2 • Time: 10:30 A.M.

Have your questions answered about safety issues in Anderson Township.

Country Music by Drake

Wednesdays, Aug. 2 and 16 • Time: 11:30 A.M.

B&B Riverboat Lunch Cruise

Thursday, Aug. 3 • Time: Depart ATSC at 10:30 A.M.

Enjoy a delicious lunch buffet while on a two-hour sightseeing cruise along the Ohio River. Includes transportation to Riverboat Row. **Cost: \$40.**

Folk Music and Jam Session with Dave Sanders

Friday, Aug. 4 • Time: 10:30 A.M.

After lunch, bring an instrument or stay to listen to improvised music. All levels welcome.

Speaker: Susan Rogers

Monday, Aug. 7 • Time: 10:30 A.M.

This member and therapist will discuss “Breaking the Anger Cycle,” using humor with this heavy, but important topic.

Healthy Eating – No Bake Protein Snacks

Wednesday, Aug. 9 • Time: 10:30 A.M.

Put together this healthy treat, sponsored by Heaven Sent Home Health Care.

Movie Matinee

Wednesday, Aug. 9 • Time: 11:45 A.M.

Title to be announced. Sign up for lunch by August 3.

Greeting Card Class

Thursday, Aug. 10 • Time: Time: 10 A.M.

Make beautiful cards in this popular class. **Cost: \$2**

The Nagel Middle School Orchestra Concert - A Sock Hop!

Thursday, Aug. 10 • Time: 12:30 P.M.

Bring your grandchildren to hear the orchestra, interact with the musicians, and have fun listening to the oldies! Dress in sock-hop style and bring a pair of new children’s socks to donate to Operation Christmas Child. A special snack will be provided.

Piano Music by Annie

Fridays, Aug. 11 and 25 • Time: 11 A.M.

Legal Issues for Older Adults

Monday, Aug.14 • Time: 10:30 A.M.

Local attorney Annie Warner will address elder law, including selecting long-term care and protecting assets.

Brain Health - Back Pain

Tuesday, Aug. 15 • Time: 10:30 A.M.

Dr. Juan Carlos Mejia from the Mayfield Clinic will discuss the prevention and treatment of back pain.

Breakfast and Broadway

Wednesday, Aug. 16 • Time: 9-10 A.M.

Enjoy a complimentary breakfast while listening to award-winning Broadway tunes. Reservation sheet available in mid-July.

Folk Music by Seldom the Same

Thursday, Aug. 17 • Time: 10:30 A.M.

Movie Matinee: Rudy

Friday, Aug. 18 • Time: 11:45 A.M.

Kick off the football season with this classic. Make lunch reservations by August 15.

Historian Diane Shields: Knute Rockne

Monday, Aug. 21 • Time: 10:30 A.M.

We’ll continue our football theme by learning about this legendary player and coach.

Musical Selections by Les Tacy

Monday, Aug. 21 • Time: 11:30 A.M.

Guitar Music by Dave Ridenhour

Wednesday, Aug. 23 • Time: 11 A.M.

Lunch Outing - The Schoolhouse Restaurant

Thursday, Aug. 24 • Time: 11:30 A.M.

It’s back to school time! Meet at 8031 Glendale Milford Road in Camp Dennison for lunch in a schoolhouse built in 1863.

Book Blitzers Book Club

Monday, Aug. 28 • Time: 12:30 P.M.

Discuss *The Exiles* by Christina Baker Kline. Copies available at the front desk at the end of July.

New Member Coffee - Meet and Greet

Tuesday, Aug. 29 • Time: 10:30 A.M.

All members are invited to hear about the senior center, have your questions answered, and meet other members.

August Birthday and Bengals Tailgate Party

Wednesday, Aug. 30 • Time: 10:30 A.M.

Wear your orange and black to kick off another winning season for our Bengals. Music, a delicious lunch, and a few surprises! Make reservations by August 22.